

**May 5, 2024: The 6th Sunday of Easter**

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**First Reading**

**Acts 10:25-26, 34-35, 44-48**

When Peter entered, Cornelius met him and, falling at his feet, paid him homage. Peter, however, raised him up, saying, "Get up. I myself am also a human being."

Then Peter proceeded to speak and said, "In truth, I see that God shows no partiality. Rather, in every nation whoever fears Him and acts uprightly is acceptable to Him."

While Peter was still speaking these things, the Holy Spirit fell upon all who were listening to the word. The circumcised believers who had accompanied Peter were astounded that the gift of the Holy Spirit should have been poured out on the Gentiles also, for they could hear them speaking in tongues and glorifying God. Then Peter responded, "Can anyone withhold the water for baptizing these people, who have received the Holy Spirit even as we have?" He ordered them to be baptized in the Name of Jesus Christ.

**Responsorial Psalm**

**Psalm 98:1, 2-3, 3-4**

**R. (cf. 2b) The Lord has revealed to the nations His saving power.**

**or:**

**R. Alleluia.**

Sing to the LORD a new song,  
for He has done wondrous deeds;  
His right hand has won victory for Him,  
His holy arm.

**R. The Lord has revealed to the nations His saving power.**

**or:**

**R. Alleluia.**

The LORD has made His salvation known:  
in the sight of the nations He has revealed his justice.  
He has remembered His kindness and His faithfulness  
toward the house of Israel.

**R. The Lord has revealed to the nations His saving power.**

**or:**

**R. Alleluia.**

All the ends of the earth have seen  
the salvation by our God.  
Sing joyfully to the LORD, all you lands;  
break into song; sing praise.

**R. The Lord has revealed to the nations His saving power.**

**or:**

**R. Alleluia.**

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**May 5, 2024: The 6th Sunday of Easter**

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**Second Reading**

**1 John 4:7-10**

Beloved, let us love one another, because love is of God; everyone who loves is begotten by God and knows God. Whoever is without love does not know God, for God is love. In this way the love of God was revealed to us: God sent His only Son into the world so that we might have life through Him. In this is love: not that we have loved God, but that He loved us and sent His Son as expiation for our sins.

**Gospel Reading**

**John 15:9-17**

Jesus said to His disciples:

“As the Father loves Me, so I also love you. Remain in My love. If you keep My commandments, you will remain in My love, just as I have kept my Father’s commandments and remain in His love.

“I have told you this so that My joy may be in you and your joy might be complete. This is My commandment: love one another as I love you. No one has greater love than this, to lay down one’s life for one’s friends. You are My friends if you do what I command you. I no longer call you slaves, because a slave does not know what his master is doing. I have called you friends, because I have told you everything I have heard from My Father. It was not you who chose Me, but I Who chose you and appointed you to go and bear fruit that will remain, so that whatever you ask the Father in My Name He may give you. This I command you: love one another.”

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**May 9, 2024: The Ascension of the Lord****(page 1)**

(in some parishes this feast is transferred to Sunday, May 12th)

**First Reading****Acts 1:1-11**

In the first book, Theophilus, I dealt with all that Jesus did and taught until the day He was taken up, after giving instructions through the Holy Spirit to the Apostles whom He had chosen. He presented Himself alive to them by many proofs after He had suffered, appearing to them during forty days and speaking about the Kingdom of God. While meeting with the them, He enjoined them not to depart from Jerusalem, but to wait for “the promise of the Father about which you have heard me speak; for John baptized with water, but in a few days you will be baptized with the Holy Spirit.” When they had gathered together they asked Him, “Lord, are You at this time going to restore the kingdom to Israel?” He answered them, “It is not for you to know the times or seasons that the Father has established by His Own authority. But you will receive power when the Holy Spirit comes upon you, and you will be My witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth.” When He had said this, as they were looking on, He was lifted up, and a cloud took Him from their sight. While they were looking intently at the sky as He was going, suddenly two men dressed in white garments stood beside them. They said, “Men of Galilee, why are you standing there looking at the sky? This Jesus Who has been taken up from you into Heaven will return in the same way as you have seen Him going into Heaven.”

**Responsorial Psalm****Psalm 47:2-3, 6-7, 8-9****R. (6) God mounts His throne to shouts of joy: a blare of trumpets for the Lord.**

or:

**R. Alleluia.**

All you peoples, clap your hands,  
shout to God with cries of gladness,  
For the LORD, the Most High, the awesome,  
is the great King over all the earth.

**R. God mounts His throne to shouts of joy: a blare of trumpets for the Lord.**

or:

**R. Alleluia.**

God mounts His throne amid shouts of joy;  
the LORD, amid trumpet blasts.

Sing praise to God, sing praise;  
sing praise to our King, sing praise.

**R. God mounts His throne to shouts of joy: a blare of trumpets for the Lord.**

or:

**R. Alleluia.**

For king of all the earth is God;  
sing hymns of praise.

God reigns over the nations,  
God sits upon His holy throne.

**R. God mounts His throne to shouts of joy: a blare of trumpets for the Lord.**

or:

**R. Alleluia.**Gospel readings source: [www.usccb.org/bible/readings/](http://www.usccb.org/bible/readings/)Find fun, free, and faithful children’s activities including our Mass Prep videos at [HolyHeroes.com/MassPrep](http://HolyHeroes.com/MassPrep)

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**May 9, 2024: The Ascension of the Lord****(page 2)**

(in some parishes this feast is transferred to Sunday, May 12th)

**Second Reading****Ephesians 1:17-23**

Brothers and sisters:

May the God of our Lord Jesus Christ, the Father of glory, give you a Spirit of wisdom and revelation resulting in knowledge of Him. May the eyes of your hearts be enlightened, that you may know what is the hope that belongs to His call, what are the riches of glory in His inheritance among the holy ones, and what is the surpassing greatness of His power for us who believe, in accord with the exercise of His great might, which He worked in Christ, raising Him from the dead and seating Him at His right hand in the heavens, far above every principality, authority, power, and dominion, and every name that is named not only in this age but also in the one to come. And He put all things beneath His feet and gave Him as head over all things to the church, which is His body, the fullness of the One Who fills all things in every way.

**OR:****Second Reading Options for Cycle B****Ephesians 4:1-13**

Brothers and sisters, I, a prisoner for the Lord, urge you to live in a manner worthy of the call you have received, with all humility and gentleness, with patience, bearing with one another through love, striving to preserve the unity of the spirit through the bond of peace: one body and one Spirit, as you were also called to the one hope of your call; one Lord, one faith, one baptism; one God and Father of all, Who is over all and through all and in all.

But grace was given to each of us according to the measure of Christ's gift. Therefore, it says:

*He ascended on high and took prisoners captive;*

*He gave gifts to men.*

What does "He ascended" mean except that He also descended into the lower regions of the earth? The One Who descended is also the One Who ascended far above all the heavens, that He might fill all things.

And he gave some as Apostles, others as prophets, others as evangelists, others as pastors and teachers, to equip the holy ones for the work of ministry, for building up the body of Christ, until we all attain to the unity of faith and knowledge of the Son of God, to mature to manhood, to the extent of the full stature of Christ.

**OR:****Ephesians 4:1-7, 11-13**

Brothers and sisters, I, a prisoner for the Lord, urge you to live in a manner worthy of the calling you have received, with all humility and gentleness, with patience, bearing with one another through love, striving to preserve the unity of the Spirit through the bond of peace: one body and one Spirit, as you were also called to the one hope of your calling; one Lord, one faith, one baptism; one God and Father of all, Who is over all and through all and in all.

But grace was given to each of us according to the measure of Christ's gift.

And He gave some as Apostles, others as prophets, others as evangelists, others as pastors and teachers, to equip the holy ones for the work of ministry, for building up the body of Christ, until we all attain to the unity of faith and knowledge of the Son of God, to mature to manhood, to the extent of the full stature of Christ.

Gospel readings source: [www.usccb.org/bible/readings/](http://www.usccb.org/bible/readings/)

**May 9, 2024: The Ascension of the Lord****(page 3)**

(in some parishes this feast is transferred to Sunday, May 12th)

**Gospel Reading****Mark 16:15-20**

Jesus said to His disciples:

“Go into the whole world and proclaim the gospel to every creature. Whoever believes and is baptized will be saved; whoever does not believe will be condemned. These signs will accompany those who believe: in My Name they will drive out demons, they will speak new languages. They will pick up serpents with their hands, and if they drink any deadly thing, it will not harm them. They will lay hands on the sick, and they will recover.”

So then the Lord Jesus, after He spoke to them, was taken up into Heaven and took His seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs.

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**May 12, 2024: The 7th Sunday of Easter**

**(page 1)**

**First Reading**

**Acts 1:15-17, 20a, 20c-26**

Peter stood up in the midst of the brothers —there was a group of about one hundred and twenty persons in the one place —. He said, “My brothers, the Scripture had to be fulfilled which the Holy Spirit spoke beforehand through the mouth of David, concerning Judas, who was the guide for those who arrested Jesus. He was numbered among us and was allotted a share in this ministry.

“For it is written in the Book of Psalms:

*May another take his office.*

“Therefore, it is necessary that one of the men who accompanied us the whole time the Lord Jesus came and went among us, beginning from the baptism of John until the day on which He was taken up from us, become with us a witness to His resurrection.” So they proposed two, Judas called Barsabbas, who was also known as Justus, and Matthias. Then they prayed, “You, Lord, Who know the hearts of all, show which one of these two You have chosen to take the place in this apostolic ministry from which Judas turned away to go to his own place.” Then they gave lots to them, and the lot fell upon Matthias, and he was counted with the eleven Apostles.

**Responsorial Psalm**

**Psalm 103:1-2, 11-12, 19-20**

**R. (19a) The Lord has set His throne in Heaven.**

**or:**

**R. Alleluia.**

Bless the LORD, O my soul;

and all my being, bless His holy Name.

Bless the LORD, O my soul,

and forget not all His benefits.

**R. The Lord has set His throne in Heaven.**

**or:**

**R. Alleluia.**

For as the heavens are high above the earth,

so surpassing is His kindness toward those who fear Him.

As far as the east is from the west,

so far has He put our transgressions from us.

**R. The Lord has set His throne in Heaven.**

**or:**

**R. Alleluia.**

The LORD has established His throne in Heaven,  
and His kingdom rules over all.

Bless the LORD, all you His angels,

you mighty in strength, who do His bidding.

**R. The Lord has set His throne in Heaven.**

**or:**

**R. Alleluia.**

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**May 12, 2024: The 7th Sunday of Easter**

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**Second Reading**

**1 John 4:11-16**

Beloved, if God so loved us, we also must love one another. No one has ever seen God. Yet, if we love one another, God remains in us, and His love is brought to perfection in us.

This is how we know that we remain in Him and He in us, that He has given us of His Spirit. Moreover, we have seen and testify that the Father sent His Son as Savior of the world. Whoever acknowledges that Jesus is the Son of God, God remains in him and he in God. We have come to know and to believe in the love God has for us.

God is love, and whoever remains in love remains in God and God in him.

**Gospel Reading**

**John 17:11b-19**

Lifting up His eyes to Heaven, Jesus prayed saying: "Holy Father, keep them in Your Name that You have given Me, so that they may be one just as We are one. When I was with them I protected them in Your Name that You gave Me, and I guarded them, and none of them was lost except the son of destruction, in order that the Scripture might be fulfilled. But now I am coming to You. I speak this in the world so that they may share My joy completely. I gave them Your word, and the world hated them, because they do not belong to the world any more than I belong to the world. I do not ask that You take them out of the world but that You keep them from the evil one. They do not belong to the world any more than I belong to the world. Consecrate them in the truth. Your word is truth. As you sent Me into the world, so I sent them into the world. And I consecrate Myself for them, so that they also may be consecrated in truth."

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**May 18, 2024: Pentecost Sunday (Vigil Mass)**

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*When the extended form of the Vigil Mass is celebrated, all four readings are proclaimed. If celebrated in the simple form, only one of the following is proclaimed as the First Reading.*

**Reading 1**

**Genesis 11:1-9**

The whole world spoke the same language, using the same words. While the people were migrating in the east, they came upon a valley in the land of Shinar and settled there. They said to one another, "Come, let us mold bricks and harden them with fire." They used bricks for stone, and bitumen for mortar. Then they said, "Come, let us build ourselves a city and a tower with its top in the sky, and so make a name for ourselves; otherwise we shall be scattered all over the earth."

The LORD came down to see the city and the tower that the people had built. Then the LORD said: "'If now, while they are one people, all speaking the same language, they have started to do this, nothing will later stop them from doing whatever they presume to do. Let us then go down there and confuse their language, so that one will not understand what another says.'" Thus the LORD scattered them from there all over the earth, and they stopped building the city. That is why it was called Babel, because there the LORD confused the speech of all the world. It was from that place that he scattered them all over the earth.

**Responsorial Psalm**

**Psalm 33:10-11, 12-13, 14-15**

**R. (12) Blessed the people the Lord has chosen to be His own.**

The LORD brings to nought the plans of nations;  
He foils the designs of peoples.

But the plan of the LORD stands forever;  
the design of His heart, through all generations.

**R. Blessed the people the Lord has chosen to be His own.**

Blessed the nation whose God is the LORD,  
the people He has chosen for His own inheritance.

From Heaven the LORD looks down; He sees all  
mankind.

**R. Blessed the people the Lord has chosen to be His own.**

From His fixed throne He beholds  
all who dwell on the earth,  
He who fashioned the heart of each,  
He who knows all their works.

**R. Blessed the people the Lord has chosen to be His own.**

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**May 18, 2024: Pentecost Sunday (Vigil Mass)**  
**(page 2)****Reading 2****Exodus 19:3-8a, 16-20b**

Moses went up the mountain to God. Then the LORD called to him and said, ""Thus shall you say to the house of Jacob; tell the Israelites: You have seen for yourselves how I treated the Egyptians and how I bore you up on eagle wings and brought you here to Myself. Therefore, if you hearken to My Voice and keep My covenant, you shall be My special possession, dearer to Me than all other people, though all the earth is Mine. You shall be to Me a kingdom of priests, a holy nation. That is what you must tell the Israelites." So Moses went and summoned the elders of the people. When he set before them all that the LORD had ordered him to tell them, the people all answered together, "Everything the LORD has said, we will do."

On the morning of the third day there were peals of thunder and lightning, and a heavy cloud over the mountain, and a very loud trumpet blast, so that all the people in the camp trembled. But Moses led the people out of the camp to meet God, and they stationed themselves at the foot of the mountain. Mount Sinai was all wrapped in smoke, for the LORD came down upon it in fire. The smoke rose from it as though from a furnace, and the whole mountain trembled violently. The trumpet blast grew louder and louder, while Moses was speaking, and God answering him with thunder.

When the LORD came down to the top of Mount Sinai, He summoned Moses to the top of the mountain.

**Responsorial Psalm****Daniel 3:52, 53, 54, 55, 56****R. (52b) Glory and praise forever!**

"Blessed are You, O Lord, the God of our fathers, praiseworthy and exalted above all forever; And blessed is Your holy and glorious Name, praiseworthy and exalted above all for all ages."

**R. Glory and praise forever!**

"Blessed are You in the temple of Your holy glory, praiseworthy and glorious above all forever."

**R. Glory and praise forever!**

"Blessed are You on the throne of Your Kingdom, praiseworthy and exalted above all forever."

**R. Glory and praise forever!**

"Blessed are You who look into the depths from Your throne upon the cherubim, praiseworthy and exalted above all forever."

**R. Glory and praise forever!**

"Blessed are You in the firmament of Heaven, praiseworthy and glorious forever."

**R. Glory and praise forever!****OR:****Psalm 19:8, 9, 10, 11****R. (John 6:68c) Lord, You have the words of everlasting life.**

The law of the LORD is perfect, refreshing the soul; The decree of the LORD is trustworthy, giving wisdom to the simple.

**R. Lord, You have the words of everlasting life.**

The precepts of the LORD are right, rejoicing the heart; The command of the LORD is clear, enlightening the eye.

**R. Lord, You have the words of everlasting life.**

The fear of the LORD is pure, enduring forever; The ordinances of the LORD are true, all of them just.

**R. Lord, You have the words of everlasting life.**

They are more precious than gold, than a heap of purest gold;

Sweeter also than syrup or honey from the comb.

**R. Lord, you have the words of everlasting life.****Reading 3****Ezekiel 37:1-14**

The hand of the LORD came upon me, and He led me out in the Spirit of the LORD and set me in the center of the plain, which was now filled with bones. He made me walk among the bones in every direction so that I saw how many they were on the surface of the plain. How dry they were! He asked me: Son of man, can these bones come to life? I answered, ""Lord GOD, You alone know that."" Then He said to me: Prophecy over these bones, and say to them:

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**May 18, 2024: Pentecost Sunday (Vigil Mass)****(page 3)**

Dry bones, hear the word of the LORD! Thus says the Lord GOD to these bones: See! I will bring spirit into you, that you may come to life. I will put sinews upon you, make flesh grow over you, cover you with skin, and put spirit in you so that you may come to life and know that I am the LORD. I, Ezekiel, prophesied as I had been told, and even as I was prophesying I heard a noise; it was a rattling as the bones came together, bone joining bone. I saw the sinews and the flesh come upon them, and the skin cover them, but there was no spirit in them. Then the LORD said to me: Prophecy to the spirit, prophesy, son of man, and say to the spirit: Thus says the Lord GOD: From the four winds come, O spirit, and breathe into these slain that they may come to life. I prophesied as He told me, and the spirit came into them; they came alive and stood upright, a vast army. Then He said to me: Son of man, these bones are the whole house of Israel. They have been saying, "Our bones are dried up, our hope is lost, and we are cut off." Therefore, prophesy and say to them: Thus says the Lord GOD: O my people, I will open your graves and have you rise from them, and bring you back to the land of Israel. Then you shall know that I am the LORD, when I open your graves and have you rise from them, O my people! I will put My Spirit in you that you may live, and I will settle you upon your land; thus you shall know that I am the LORD. I have promised, and I will do it, says the LORD.

**Responsorial Psalm****Psalm 107:2-3, 4-5, 6-7, 8-9****R. (1) Give thanks to the Lord; His love is everlasting.****or:****R. Alleluia.**

Let the redeemed of the LORD say, those whom He has redeemed from the hand of the foe  
And gathered from the lands, from the east and the west,  
from the north and the south.

**R. Give thanks to the Lord; His love is everlasting.****or:****R. Alleluia.**

They went astray in the desert wilderness;  
the way to an inhabited city they did not find.

Hungry and thirsty, their life was wasting away within them.

**R. Give thanks to the Lord; His love is everlasting.****or:****R. Alleluia.**

They cried to the LORD in their distress; from their straits  
He rescued them.

And He led them by a direct way to reach an inhabited city.

**R. Give thanks to the Lord; His love is everlasting.****or:****R. Alleluia.**

Let them give thanks to the LORD for His mercy  
and His wondrous deeds to the children of men,  
Because He satisfied the longing soul  
and filled the hungry soul with good things.

**R. Give thanks to the Lord; his love is everlasting.****or:****R. Alleluia.****Reading 4****Joel 3:1-5**

Thus says the LORD:

I will pour out My Spirit upon all flesh. Your sons and daughters shall prophesy, your old men shall dream dreams, your young men shall see visions; even upon the servants and the handmaids, in those days, I will pour out My Spirit. And I will work wonders in the heavens and on the earth, blood, fire, and columns of smoke; the sun will be turned to darkness, and the moon to blood, at the coming of the day of the LORD, the great and terrible day. Then everyone shall be rescued who calls on the Name of the LORD; for on Mount Zion there shall be a remnant, as the LORD has said, and in Jerusalem survivors whom the LORD shall call.

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**May 18, 2024: Pentecost Sunday (Vigil Mass)**

(page 4)

**Responsorial Psalm**

**Psalm 104:1-2, 24 and 35, 27-28, 29-30**

**R. (cf. 30) Lord, send out Your Spirit, and renew the face of the earth.**

**or:**

**R. Alleluia.**

Bless the LORD, O my soul!

O LORD, my God, You are great indeed!

You are clothed with majesty and glory,  
robed in light as with a cloak.

**R. Lord, send out Your Spirit, and renew the face of the earth.**

**or:**

**R. Alleluia.**

How manifold are Your works, O LORD!

In wisdom You have wrought them all—

the earth is full of Your creatures;

bless the LORD, O my soul! Alleluia.

**R. Lord, send out Your Spirit, and renew the face of the earth.**

**or:**

**R. Alleluia.**

Creatures all look to You

to give them food in due time.

When You give it to them, they gather it;

when You open Your hand, they are filled with good things.

**R. Lord, send out Your Spirit, and renew the face of the earth.**

**or:**

**R. Alleluia.**

If You take away their breath, they perish  
and return to their dust.

When You send forth Your Spirit, they are created, and  
You renew the face of the earth.

**R. Lord, send out Your Spirit, and renew the face of the earth.**

**or:**

**R. Alleluia.**

**Second Reading**

**Romans 8:22-27**

Brothers and sisters:

We know that all creation is groaning in labor pains even until now; and not only that, but we ourselves, who have the firstfruits of the Spirit, we also groan within ourselves as we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that sees is not hope. For who hopes for what one sees? But if we hope for what we do not see, we wait with endurance.

In the same way, the Spirit too comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit Himself intercedes with inexpressible groanings. And the One Who searches hearts knows what is the intention of the Spirit, because He intercedes for the holy ones according to God's will.

**Gospel Reading**

**John 7:37-39**

Jesus stood up and exclaimed, "Let anyone who thirsts come to Me and drink. As Scripture says: *Rivers of living water will flow from within him who believes in me.*"

He said this in reference to the Spirit that those Who came to believe in Him were to receive. There was, of course, no Spirit yet, because Jesus had not yet been glorified.

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**May 19, 2024: Pentecost Sunday****(page 1)****First Reading****Acts 2:1-11**

When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim.

Now there were devout Jews from every nation under Heaven staying in Jerusalem. At this sound, they gathered in a large crowd but they were confused because each one heard them speaking in his own language. They were astounded, and in amazement they asked, "Are not all these people who are speaking Galileans? Then how does each of us hear them in his native language? We are Parthians, Medes, and Elamites, inhabitants of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the districts of Libya near Cyrene, as well as travelers from Rome, both Jews and converts to Judaism, Cretans and Arabs, yet we hear them speaking in our own tongues of the mighty acts of God."

**Responsorial Psalm****Psalm 104:1, 24, 29-30, 31, 34****R. (cf. 30) Lord, send out Your Spirit, and renew the face of the earth.****or:****R. Alleluia.**

Bless the LORD, O my soul!

O LORD, my God, You are great indeed!

How manifold are Your works, O LORD!

the earth is full of Your creatures.

**R. Lord, send out your Spirit, and renew the face of the earth.****or:****R. Alleluia.**

May the glory of the LORD endure forever;

may the LORD be glad in His works!

Pleasing to Him be my theme;

I will be glad in the LORD.

**R. Lord, send out Your Spirit, and renew the face of the earth.****or:****R. Alleluia.**

If you take away their breath, they perish

and return to their dust.

When You send forth Your spirit, they are created,

and You renew the face of the earth.

**R. Lord, send out Your Spirit, and renew the face of the earth.****or:****R. Alleluia.**Gospel readings source: [www.usccb.org/bible/readings/](http://www.usccb.org/bible/readings/)Find fun, free, and faithful children's activities including our Mass Prep videos at [HolyHeroes.com/MassPrep](http://HolyHeroes.com/MassPrep)

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**May 19, 2024: Pentecost Sunday**

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**Second Reading**

**1 Corinthians 12:3b-7, 12-13**

Brothers and sisters: No one can say, "Jesus is Lord," except by the Holy Spirit.

There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God Who produces all of them in everyone. To each individual the manifestation of the Spirit is given for some benefit.

As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit.

**Second Reading for Cycle B**

**Galatians 5:16-25**

Brothers and sisters, live by the Spirit and you will certainly not gratify the desire of the flesh. For the flesh has desires against the Spirit, and the Spirit against the flesh; these are opposed to each other, so that you may not do what you want. But if you are guided by the Spirit, you are not under the law. Now the works of the flesh are obvious: immorality, impurity, lust, idolatry, sorcery, hatreds, rivalry, jealousy, outbursts of fury, acts of selfishness, dissensions, factions, occasions of envy, drinking bouts, orgies, and the like. I warn you, as I warned you before, that those who do such things will not inherit the Kingdom of God. In contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control.

Against such there is no law. Now those who belong to Christ Jesus have crucified their flesh with its passions and desires. If we live in the Spirit, let us also follow the Spirit.

**Sequence**

Come, Holy Spirit, come!  
And from your celestial home  
    Shed a ray of light divine!  
Come, Father of the poor!  
Come, Source of all our store!  
    Come, within our bosoms shine.  
You, of comforters the best;  
You, the soul's most welcome guest;  
    Sweet refreshment here below;  
In our labor, rest most sweet;  
Grateful coolness in the heat;  
    Solace in the midst of woe.  
O most blessed Light divine,  
Shine within these hearts of yours,  
    And our inmost being fill!  
Where you are not, we have naught,  
Nothing good in deed or thought,  
    Nothing free from taint of ill.  
Heal our wounds, our strength renew;  
On our dryness pour your dew;  
    Wash the stains of guilt away:  
Bend the stubborn heart and will;  
Melt the frozen, warm the chill;  
    Guide the steps that go astray.  
On the faithful, who adore  
And confess You, evermore  
    In Your sevenfold gift descend;  
Give them virtue's sure reward;  
Give them Your salvation, Lord;  
    Give them joys that never end. Amen.  
Alleluia.

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**May 19, 2024: Pentecost Sunday**

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**Gospel Reading**

**John 20:19-23**

On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, "Peace be with you." When He had said this, He showed them His hands and his side. The disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent Me, so I send you." And when He had said this, He breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

**Optional Cycle B Gospel Reading**

**John 15:26-27; 16:12-15**

Jesus said to His disciples:

"When the Advocate comes whom I will send you from the Father, the Spirit of truth that proceeds from the Father, He will testify to Me. And you also testify, because you have been with Me from the beginning.

"I have much more to tell you, but you cannot bear it now. But when He comes, the Spirit of truth, He will guide you to all truth. He will not speak on His Own, but He will speak what He hears, and will declare to you the things that are coming. He will glorify Me, because He will take from what is Mine and declare it to you. Everything that the Father has is Mine; for this reason I told you that He will take from what is Mine and declare it to you."

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**May 26, 2024: The Solemnity of the Most Holy Trinity  
(page 1)**

**First Reading**

**Deuteronomy 4:32-34, 39-40**

Moses said to the people:

"Ask now of the days of old, before your time, ever since God created man upon the earth; ask from one end of the sky to the other: Did anything so great ever happen before? Was it ever heard of? Did a people ever hear the Voice of God speaking from the midst of fire, as you did, and live? Or did any god venture to go and take a nation for himself from the midst of another nation, by testings, by signs and wonders, by war, with strong hand and outstretched arm, and by great terrors, all of which the LORD, your God, did for you in Egypt before your very eyes? This is why you must now know, and fix in your heart, that the LORD is God in the heavens above and on earth below, and that there is no other. You must keep His statutes and commandments that I enjoin on you today, that you and your children after you may prosper, and that you may have long life on the land which the LORD, your God, is giving you forever."

**Responsorial Psalm**

**Psalm 33:4-5, 6, 9, 18-19, 20, 22**

**R. (12b) Blessed the people the Lord has chosen to be His own.**

Upright is the word of the LORD,  
and all His works are trustworthy.

He loves justice and right;  
of the kindness of the Lord the earth is full.

**R. Blessed the people the Lord has chosen to be His own.**

By the word of the LORD the heavens were made;  
by the breath of His mouth all their host.

For He spoke, and it was made;

He commanded, and it stood forth.

**R. Blessed the people the Lord has chosen to be His own.**

See, the eyes of the LORD are upon those who fear Him,  
upon those who hope for His kindness,  
To deliver them from death  
and preserve them in spite of famine.

**R. Blessed the people the Lord has chosen to be His own.**

Our soul waits for the LORD,  
Who is our help and our shield.

May Your kindness, O LORD, be upon us  
who have put our hope in You.

**R. Blessed the people the Lord has chosen to be His own.**

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**May 26, 2024: The Solemnity of the Most Holy Trinity  
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**Second Reading**

**Romans 8:14-17**

Brothers and sisters:

For those who are led by the Spirit of God are sons of God. For you did not receive a spirit of slavery to fall back into fear, but you received a Spirit of adoption, through whom we cry, "Abba, Father!" The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ, if only we suffer with Him so that we may also be glorified with Him.

**Gospel Reading**

**Matthew 28:16-20**

The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them. When they all saw Him, they worshiped, but they doubted. Then Jesus approached and said to them, "All power in Heaven and on earth has been given to Me. Go, therefore, and make disciples of all nations, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age."

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