

August 4, 2024: The 18th Sunday in Ordinary Time
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First Reading**Exodus 16:2-4, 12-15**

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!"

Then the LORD said to Moses, "I will now rain down bread from Heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow My instructions or not.

"I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."

In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was. But Moses told them, "This is the bread that the LORD has given you to eat."

Responsorial Psalm**Psalm 78:3-4, 23-24, 25, 54****R. (24b) The Lord gave them bread from Heaven.**

What we have heard and know,
and what our fathers have declared to us,
We will declare to the generation to come
the glorious deeds of the LORD and His strength
and the wonders that He wrought.

R. The Lord gave them bread from Heaven.

He commanded the skies above
and opened the doors of Heaven;
He rained manna upon them for food
and gave them heavenly bread.

R. The Lord gave them bread from Heaven.

Man ate the bread of angels,
food He sent them in abundance.
And He brought them to His holy land,
to the mountains His right hand had won.

R. The Lord gave them bread from Heaven.

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Second Reading**Ephesians 4:17, 20-24**

Brothers and sisters:

I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of Him and were taught in Him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

Gospel Reading**John 6:24-35**

When the crowd saw that neither Jesus nor His disciples were there, they themselves got into boats and came to Capernaum looking for Jesus.

And when they found Him across the sea they said to Him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for Me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on Him the Father, God, has set His seal."

So they said to Him, "What can we do to accomplish the works of God?"

Jesus answered and said to them, "This is the work of God, that you believe in the One He sent."

So they said to Him, "What sign can You do, that we may see and believe in You? What can You do? Our ancestors ate manna in the desert, as it is written:

He gave them bread from Heaven to eat."

So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from Heaven; My Father gives you the true bread from Heaven. For the bread of God is that which comes down from Heaven and gives life to the world."

So they said to Him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life; whoever comes to Me will never hunger, and whoever believes in Me will never thirst."

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August 6, 2024: The Transfiguration of the Lord**First Reading****Daniel 7:9-10, 13-14**

As I watched:

Thrones were set up and the Ancient One took His throne. His clothing was bright as snow, and the hair on His head as white as wool; His throne was flames of fire, with wheels of burning fire. A surging stream of fire flowed out from where He sat; Thousands upon thousands were ministering to Him, and myriads upon myriads attended Him. The court was convened and the books were opened.

As the visions during the night continued, I saw:

One like a Son of man coming, on the clouds of Heaven; When He reached the Ancient One and was presented before Him, The one like a Son of man received dominion, glory, and kingship; all peoples, nations, and languages serve Him. His dominion is an everlasting dominion that shall not be taken away, His kingship shall not be destroyed.

Responsorial Psalm**Psalm 97:1-2, 5-6, 9****R. (1a and 9a) The Lord is King, the Most High over all the earth.**

The LORD is king; let the earth rejoice;
let the many islands be glad.

Clouds and darkness are round about Him,
justice and judgment are the foundation of His throne.

R. The Lord is King, the Most High over all the earth.

The mountains melt like wax before the LORD,
before the LORD of all the earth.

The heavens proclaim His justice,
and all peoples see His glory.

R. The Lord is King, the Most High over all the earth.

Because you, O LORD, are the Most High over all the earth,

exalted far above all gods.

R. The Lord is King, the Most High over all the earth.**Second Reading****2 Peter 1:16-19**

Beloved:

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of His majesty. For He received honor and glory from God the Father when that unique declaration came to Him from the majestic glory, "This is My Son, My beloved, with Whom I am well pleased." We ourselves heard this Voice come from Heaven while we were with Him on the holy mountain. Moreover, we possess the prophetic message that is altogether reliable. You will do well to be attentive to it, as to a lamp shining in a dark place, until day dawns and the morning star rises in your hearts.

Gospel Reading**Mark 9:2-10**

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And He was transfigured before them, and His clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for You, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; from the cloud came a Voice, "This is My beloved Son. Listen to Him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them. As they were coming down from the mountain, He charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So they kept the matter to themselves, questioning what rising from the dead meant.

Gospel readings source: www.usccb.org/bible/readings/

August 11, 2024: The 19th Sunday in Ordinary Time
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First Reading**1 Kings 19:4-8**

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it. He prayed for death saying:

"This is enough, O LORD! Take my life, for I am no better than my fathers."

He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked and there at his head was a hearth cake and a jug of water. After he ate and drank, he lay down again, but the angel of the LORD came back a second time, touched him, and ordered, "Get up and eat, else the journey will be too long for you!"

He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

Responsorial Psalm**Psalm 34:2-3, 4-5, 6-7, 8-9****R. (9a) Taste and see the goodness of the Lord.**

I will bless the LORD at all times;

His praise shall be ever in my mouth.

Let my soul glory in the LORD;

the lowly will hear me and be glad.

R. Taste and see the goodness of the Lord.

Glorify the LORD with me,

Let us together extol His Name.

I sought the LORD, and He answered me

And delivered me from all my fears.

R. Taste and see the goodness of the Lord.

Look to Him that you may be radiant with joy.

And your faces may not blush with shame.

When the afflicted man called out, the LORD heard,

And from all his distress He saved him.

R. Taste and see the goodness of the Lord.

The angel of the LORD encamps

around those who fear Him and delivers them.

Taste and see how good the LORD is;

blessed the man who takes refuge in Him.

R. Taste and see the goodness of the Lord.

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**August 11, 2024: The 19th Sunday in Ordinary Time
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Second Reading**Ephesians 4:30—5:2**

Brothers and sisters:

Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.

So be imitators of God, as beloved children, and live in love, as Christ loved us and handed Himself over for us as a sacrificial offering to God for a fragrant aroma.

Gospel Reading**John 6:41-51**

The Jews murmured about Jesus because He said, “I am the bread that came down from Heaven,” and they said, “Is this not Jesus, the Son of Joseph? Do we not know His father and mother? Then how can He say, ‘I have come down from Heaven’?”

Jesus answered and said to them, “Stop murmuring among yourselves. No one can come to Me unless the Father Who sent Me draw him, and I will raise him on the last day. It is written in the prophets:

They shall all be taught by God.

Everyone who listens to My Father and learns from Him comes to Me. Not that anyone has seen the Father except the One Who is from God; He has seen the Father. Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from Heaven so that one may eat it and not die. I am the living bread that came down from Heaven; whoever eats this bread will live forever; and the bread that I will give is My flesh for the life of the world.”

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August 14, 2024: The Assumption of the Blessed Virgin Mary (Vigil Mass)**First Reading****1 Chronicles 15:3-4, 15-16; 16:1-2**

David assembled all Israel in Jerusalem to bring the ark of the Lord to the place which he had prepared for it. David also called together the sons of Aaron and the Levites.

The Levites bore the ark of God on their shoulders with poles, as Moses had ordained according to the word of the Lord.

David commanded the chiefs of the Levites to appoint their kinsmen as chanters, to play on musical instruments, harps, lyres, and cymbals, to make a loud sound of rejoicing.

They brought in the ark of God and set it within the tent which David had pitched for it. Then they offered up burnt offerings and peace offerings to God. When David had finished offering up the burnt offerings and peace offerings, he blessed the people in the Name of the Lord.

Responsorial Psalm**Psalm 132:6-7, 9-10, 13-14**

R. (8) Lord, go up to the place of Your rest, You and the ark of Your holiness.

Behold, we heard of it in Ephrathah;
we found it in the fields of Jaar.

Let us enter his dwelling,
let us worship at his footstool.

R. Lord, go up to the place of Your rest, You and the ark of Your holiness.

May your priests be clothed with justice;
let your faithful ones shout merrily for joy.

For the sake of David your servant,
reject not the plea of your anointed.

R. Lord, go up to the place of Your rest, You and the ark of Your holiness.

For the LORD has chosen Zion;
he prefers her for his dwelling.
“Zion is my resting place forever;
in her will I dwell, for I prefer her.”

R. Lord, go up to the place of Your rest, You and the ark of Your holiness.

Second Reading**1 Corinthians 15:54b-57**

Brothers and sisters:

When that which is mortal clothes itself with immortality, then the word that is written shall come about:

Death is swallowed up in victory.

Where, O death, is your victory?

Where, O death, is your sting?

The sting of death is sin, and the power of sin is the law. But thanks be to God Who gives us the victory through our Lord Jesus Christ.

Gospel Reading**Luke 11:27-28**

While Jesus was speaking, a woman from the crowd called out and said to Him, “Blessed is the womb that carried you and the breasts at which you nursed.” He replied, “Rather, blessed are those who hear the word of God and observe it.”

Gospel readings source: www.usccb.org/bible/readings/

August 15, 2024: The Assumption of the Blessed Virgin Mary (Mass during the Day)
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First Reading

Revelation 11:19a; 12:1-6a, 10ab

God's temple in Heaven was opened, and the ark of His covenant could be seen in the temple.

A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. She was with child and wailed aloud in pain as she labored to give birth. Then another sign appeared in the sky; it was a huge red dragon, with seven heads and ten horns, and on its heads were seven diadems. Its tail swept away a third of the stars in the sky and hurled them down to the earth. Then the dragon stood before the woman about to give birth, to devour her child when she gave birth. She gave birth to a son, a male child, destined to rule all the nations with an iron rod. Her child was caught up to God and His throne. The woman herself fled into the desert where she had a place prepared by God.

Then I heard a loud voice in Heaven say:

“Now have salvation and power come,
and the Kingdom of our God
and the authority of His Anointed One.”

Responsorial Psalm

Psalm 45:10, 11, 12, 16

R. (10bc) The queen stands at your right hand, arrayed in gold.

The queen takes her place at your right hand in gold of Ophir.

R. The queen stands at your right hand, arrayed in gold.

Hear, O daughter, and see; turn your ear,
forget your people and your father's house.

R. The queen stands at your right hand, arrayed in gold.

So shall the king desire your beauty;
for he is your lord.

R. The queen stands at your right hand, arrayed in gold.

They are borne in with gladness and joy;
they enter the palace of the king.

R. The queen stands at your right hand, arrayed in gold.

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August 15, 2024: The Assumption of the Blessed Virgin Mary (Mass during the Day)
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Second Reading**1 Corinthians 15:20-27**

Brothers and sisters:

Christ has been raised from the dead, the firstfruits of those who have fallen asleep. For since death came through man, the resurrection of the dead came also through man. For just as in Adam all die, so too in Christ shall all be brought to life, but each one in proper order: Christ the firstfruits; then, at His coming, those who belong to Christ; then comes the end, when He hands over the Kingdom to His God and Father, when He has destroyed every sovereignty and every authority and power. For He must reign until He has put all His enemies under His feet. The last enemy to be destroyed is death, for "He subjected everything under His feet."

Gospel Reading**Luke 1:39-56**

Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled."

And Mary said:

"My soul proclaims the greatness of the Lord;
my spirit rejoices in God my Savior for He
has looked with favor on His lowly servant.
From this day all generations will call me

blessed:

the Almighty has done great things for me
and holy is His Name.

He has mercy on those who fear Him
in every generation.

He has shown the strength of His arm,
and has scattered the proud in their
conceit.

He has cast down the mighty from their
thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich He has sent away empty.

He has come to the help of His servant Israel
for He has remembered His promise of
mercy,
the promise He made to our fathers,
to Abraham and his children forever."

Mary remained with her about three months and then returned to her home.

Gospel readings source: www.usccb.org/bible/readings/

August 18, 2024: The 20th Sunday in Ordinary Time

First Reading**Proverbs 9:1-6**

Wisdom has built her house,
she has set up her seven columns;
she has dressed her meat, mixed her wine,
yes, she has spread her table.
She has sent out her maidens; she calls
from the heights out over the city:
"Let whoever is simple turn in here;
To the one who lacks understanding, she says,
Come, eat of my food,
and drink of the wine I have mixed!
Forsake foolishness that you may live;
advance in the way of understanding."

Responsorial Psalm**Psalm 34:2-3, 4-5, 6-7****R. Taste and see the goodness of the Lord.**

I will bless the LORD at all times;
His praise shall be ever in my mouth.
Let my soul glory in the LORD;
the lowly will hear me and be glad.

R. Taste and see the goodness of the Lord.

Glorify the LORD with me,
let us together extol His Name.
I sought the LORD, and He answered me
and delivered me from all my fears.

R. Taste and see the goodness of the Lord.

Look to Him that you may be radiant with joy,
and your faces may not blush with shame.
When the poor one called out, the LORD heard,
and from all his distress He saved him.

R. Taste and see the goodness of the Lord.**Second Reading****Ephesians 5:15-20**

Brothers and sisters:

Watch carefully how you live, not as foolish persons but as wise, making the most of the opportunity, because the days are evil. Therefore, do not continue in ignorance, but try to understand what is the will of the Lord. And do not get drunk on wine, in which lies debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and playing to the Lord in your hearts, giving thanks always and for everything in the Name of Our Lord Jesus Christ to God the Father.

Gospel Reading**John 6:51-58**

Jesus said to the crowds: "I am the living bread that came down from Heaven; whoever eats this bread will live forever; and the bread that I will give is My flesh for the life of the world."

The Jews quarreled among themselves, saying, "How can this man give us His flesh to eat?" Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you do not have life within you. Whoever eats My flesh and drinks My blood has eternal life, and I will raise him on the last day. For My flesh is true food, and My blood is true drink. Whoever eats My flesh and drinks My blood remains in Me and I in him. Just as the living Father sent Me and I have life because of the Father, so also the one who feeds on Me will have life because of Me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever."

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August 25, 2024: The 21st Sunday in Ordinary Time
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First Reading**Joshua 24:1-2a, 15-17, 18b**

Joshua gathered together all the tribes of Israel at Shechem, summoning their elders, their leaders, their judges, and their officers. When they stood in ranks before God, Joshua addressed all the people:

“If it does not please you to serve the LORD, decide today whom you will serve, the gods your fathers served beyond the River or the gods of the Amorites in whose country you are now dwelling. As for me and my household, we will serve the LORD.”

But the people answered, “Far be it from us to forsake the LORD for the service of other gods. For it was the LORD, our God, Who brought us and our fathers up out of the land of Egypt, out of a state of slavery. He performed those great miracles before our very eyes and protected us along our entire journey and among the peoples through whom we passed. Therefore we also will serve the LORD, for He is our God.”

Responsorial Psalm**Psalm 34:2-3, 16-17, 18-19, 20-21****R. (9a) Taste and see the goodness of the Lord.**

I will bless the LORD at all times;

His praise shall be ever in my mouth.

Let my soul glory in the LORD;

the lowly will hear me and be glad.

R. Taste and see the goodness of the Lord.

The LORD has eyes for the just,

and ears for their cry.

The LORD confronts the evildoers,

to destroy remembrance of them from the earth.

R. Taste and see the goodness of the Lord.

When the just cry out, the LORD hears them,

and from all their distress He rescues them.

The LORD is close to the brokenhearted;

and those who are crushed in spirit He saves.

R. Taste and see the goodness of the Lord.

Many are the troubles of the just one,

but out of them all the LORD delivers him;

He watches over all his bones;

not one of them shall be broken.

R. Taste and see the goodness of the Lord.

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August 25, 2024: The 21st Sunday in Ordinary Time
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Second Reading**Ephesians 5:21-32**

Brothers and sisters:

Be subordinate to one another out of reverence for Christ. Wives should be subordinate to their husbands as to the Lord. For the husband is head of his wife just as Christ is head of the Church, He Himself the Savior of the body. As the Church is subordinate to Christ, so wives should be subordinate to their husbands in everything. Husbands, love your wives, even as Christ loved the Church and handed Himself over for Her to sanctify Her, cleansing Her by the bath of water with the word, that He might present to Himself the Church in splendor, without spot or wrinkle or any such thing, that She might be holy and without blemish. So also husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one hates his own flesh but rather nourishes and cherishes it, even as Christ does the Church, because we are members of His body.

*For this reason a man shall leave his father
and his mother
and be joined to his wife,
and the two shall become one flesh.*

This is a great mystery, but I speak in reference to Christ and the Church.

OR:

Ephesians 5:2a, 25-32

Brothers and sisters:

Live in love, as Christ loved us. Husbands, love your wives, even as Christ loved the Church and handed Himself over for Her to sanctify Her, cleansing Her by the bath of water with the word, that He might present to Himself the Church in splendor, without spot or wrinkle or any such thing, that She might be holy and without blemish. So also husbands should love their wives as their own bodies.

He who loves his wife loves himself. For no one hates his own flesh but rather nourishes and cherishes it, even as Christ does the Church, because we are members of His body.

*For this reason a man shall leave his father
and his mother
and be joined to his wife,
and the two shall become one flesh.*

This is a great mystery, but I speak in reference to Christ and the Church.

Gospel Reading**John 6:60-69**

Many of Jesus' disciples who were listening said, "This saying is hard; who can accept it?"

Since Jesus knew that His disciples were murmuring about this, He said to them, "Does this shock you? What if you were to see the Son of Man ascending to where He was before? It is the spirit that gives life, while the flesh is of no avail. The words I have spoken to you are Spirit and life. But there are some of you who do not believe." Jesus knew from the beginning the ones who would not believe and the one who would betray him. And he said, "For this reason I have told you that no one can come to Me unless it is granted him by My Father."

As a result of this, many of His disciples returned to their former way of life and no longer accompanied Him. Jesus then said to the Twelve, "Do you also want to leave?" Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that You are the Holy One of God."

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