

When Jesus saw the crowds, He went up the mountain, and after He had sat down, His disciples came to Him. He began to teach them, saying: "Blessed are the poor in spirit, for theirs is the Kingdom of Heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of Me. Rejoice and be glad, for your reward will be great in Heaven." (Matthew 5:1-3, 11-12)