

**Here for you to print off are the prayers in**  
*Glory Stories volume 8:*  
***Best-loved Catholic Prayers* audio CD.**

**Go to [www.HolyHeroes.com](http://www.HolyHeroes.com) to purchase a full-color, 48 page booklet which has all these prayers plus helpful hints and explanations, *as well as the text of the Mass responses and options in a beautiful booklet to take with you to Mass!***

**Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit.

**Morning Offering**

Oh, my Jesus,

Through the Immaculate Heart of Mary,

I offer You my prayers, works, joys, and sufferings of this day.

In union with the Holy Sacrifice of the Mass throughout the world,

I offer them for all the intentions of Your Sacred Heart,

For the intentions of my family and friends,

And for the intentions of our Holy Father, the Pope.

**Guardian Angel Prayer**

Angel of God, my guardian dear,

God's love for me has sent you here.

Ever this day, be at my side,

To light and guard, to rule and guide.

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### **Grace Before Meals**

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

### **Grace After Meals**

We give You thanks, Almighty God, for these and all Your gifts,  
You Who live and reign forever and ever. Amen.

May the souls of the faithful departed, through the mercy of God, rest in peace.  
Amen.

### **Prayer of St Gertrude for the Poor Souls in Purgatory**

Eternal Father, I offer You the most precious blood of Your divine Son, Jesus,  
in union with all the Masses said throughout the world today,  
for the holy souls in purgatory,  
for sinners everywhere,  
for sinners in the universal church,  
for those in my own home and with my family. Amen.

### **Our Father**

Our Father, Who art in Heaven,  
hallowed be Thy name;  
Thy Kingdom come,  
Thy Will be done on earth as it is in Heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,

As we forgive those who trespass against us;  
And lead us not into temptation,  
but deliver us from evil. Amen.

### **Pater Noster (Our Father in Latin)**

Pater Noster,  
Qui es in caelis,  
Sanctificetur nomen tuum.  
Adveniat regnum tuum,  
Fiat voluntas tua, sicut in caelo et in terra.  
Panem nostrum cotidianum da nobis hodie  
Et dimitte nobis debita nostra,  
Sicut et nos dimitimus debitoribus nostris  
Et ne nos inducas in tentationem,  
Sed libera nos a malo. Amen.

### **Hail, Mary**

Hail, Mary, full of Grace,  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.

### **Memorare**

Remember, O most gracious Virgin Mary,

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that never was it known  
that anyone who fled to thy protection,  
implored thy help,  
or sought thy intercession  
was left unaided.  
Inspired by this confidence,  
I fly unto thee,  
O Virgin of virgins, my mother;  
to thee do I come,  
before thee I stand,  
sinful and sorrowful.  
O Mother of the Word Incarnate,  
despise not my petitions,  
but in thy mercy  
hear and answer me. Amen.

### **Prayer to St Joseph**

Oh, Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. Oh, Saint Joseph, do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, Our Lord. So, that having engaged here below your heavenly power, I may offer thanksgiving and homage to the most loving of fathers. Oh, Saint Joseph, I never weary contemplating you with Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. Oh Saint Joseph, patron of departing souls, pray for us. Amen.

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## **Glory Be**

Glory Be to the Father, and the to Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **Apostles' Creed**

I believe in God, the Father almighty, Creator of Heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit;

born of the Virgin Mary;

suffered under Pontius Pilate;

was crucified, died and was buried;

He descended into Hell;

on the third day He rose again from the dead;

He ascended into Heaven,

and is seated at the right hand of God the Father almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,

the communion of saints, the forgiveness of sins,

the resurrection of the body, and life everlasting. Amen.

## **Hail, Holy Queen**

Hail, Holy Queen, Mother of Mercy,

our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve.

To thee do we send up our sighs,

mourning and weeping in this valley of tears.

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Turn then, most gracious advocate,  
thine eyes of mercy toward us,  
and after this, our exile,  
show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary,  
Pray for us, O holy Mother of God,  
that we may be made worthy of the promises of Christ. Amen.

### **Fatima Prayer**

Oh my Jesus, forgive us our sins. Save us from the fires of Hell. Lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

### **Prayer to St Michael**

St. Michael the Archangel, defend us in battle.  
Be our protection against the wickedness and snares of the devil.  
May God rebuke him we humbly pray,  
and do thou, O Prince of the Heavenly Host,  
by the power of God, cast into Hell  
Satan and all the evil spirits,  
who prowl about the world seeking the ruin of souls.

### **Angelus**

Leader: The angel of the Lord declared unto Mary.

All: And she conceived of the Holy Spirit.

Leader: Hail Mary, full of Grace, the Lord is with thee.

Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.

Leader: Behold the handmaid of the Lord,

All: May it be done unto me according to thy word.

Leader with all responding: Hail Mary.....

Leader: And the Word was made flesh,

All (genuflecting): And dwelt among us.

Leader with all responding: Hail Mary.....

Leader: Pray for us, O holy Mother of God,

All: That we may be made worthy of the promises of Christ.

Leader: Let us pray:

All: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may, by His Passion and Cross, be brought to the glory of His Resurrection, through the same Christ our Lord. Amen.

### **Regina Caeli in English**

Queen of Heaven, Rejoice! Alleluia.

For He whom you did merit to bear, Alleluia,

Has risen as He said, Alleluia!

Pray for us to God, Alleluia!

## **Regina Caeli in Latin**

Regina caeli, laetare! Alleluia.  
Quia quem meruisti portare, Alleluia,  
Resurrexit, sicut dixit, alleluia!  
Ora pro nobis Deum, alleluia!

## **Act of Faith**

Oh my God, I firmly believe that You are one God  
in three Divine Person: Father, Son, and Holy Spirit.  
I believe that Your Divine Son became man  
and died for our sins,  
and that He will come to judge the living and the dead.  
I believe these and all the truths which the Holy Catholic Church teaches,  
because You have revealed them,  
Who can neither deceive nor be deceived. Amen.

## **Act of Hope**

Oh my God,  
relying on Your infinite goodness and promises,  
I hope to obtain pardon for my sins,  
the help of Your Grace,  
and life everlasting,  
through the merits of Jesus Christ,  
my Lord and Redeemer. Amen.

## **Act of Love**

Oh my God,  
I love You above all things



with my whole heart and soul,  
because You are all good and  
worthy of all my love.

I love my neighbor as myself for the love of You.  
I forgive all who have injured me  
and ask pardon of all whom I have injured. Amen.

### **Act of Contrition**

Oh my God,  
I am heartily sorry for having offended Thee,  
and I detest all my sins  
because I fear the loss of Heaven and the pains of Hell;  
but, most of all, because I have offended Thee my God,  
Who art all good and worthy of all my love.  
And I firmly resolve  
with the help of Thy grace,  
to confess my sins,  
to do penance,  
and to amend my life. Amen.

### **Night Prayer**

Protect us, Lord, as we stay awake,  
Watch over us as we sleep.  
That awake we may keep watch with Christ,  
And asleep rest in His peace. Amen.

## **The Rosary (excerpts from *Holy Heroes Best-loved Catholic Prayers*)**

### Introductory prayers

We begin by making the sign of the cross – and here, you might even like to show Our Lord your love and reverence by kissing the crucifix. Then we recite:

- The Apostles' Creed;
- One Our Father;
- Three Hail, Mary prayers (while meditating on the theological virtues of Faith, Hope, and Charity;
- and the Glory Be.

### Meditation prayers

During each “decade” of the rosary, you meditate on one “mystery” from the below list while you say certain prayers. Each decade of prayers consists of one Our Father, ten Hail Mary's, and one Glory Be, plus the short prayer that Mary herself taught to the three children at Fatima (the Fatima Prayer), because she asked that we say this prayer after every decade.

There are four different sets of mysteries to the Rosary. Each set helps you remember and meditate on different events in Our Lord's life:

- When He was a child (the Joyful Mysteries),
- When He began to preach (the Luminous Mysteries),
- His Passion and Death (the Sorrowful Mysteries), and
- His Resurrection and Ascension (the Glorious Mysteries).

### The Joyful Mysteries

- The Annunciation: Jesus Christ is formed in Mary's womb
- The Visitation: Mary goes to help her cousin Elizabeth
- The Nativity: Jesus is born
- The Presentation: Mary and Joseph bring Baby Jesus to the Temple
- Finding Jesus in the Temple: His parents find Him after three days

### The Luminous Mysteries

- The Baptism in the Jordan: Jesus is baptized by his cousin John
- The Wedding Feast at Cana: Jesus performs His first miracle

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- The Proclamation of the Kingdom of Heaven: Jesus preaches the Good News of Salvation
- The Transfiguration: Jesus appears in His Glory
- The Institution of the Holy Eucharist: Jesus gives us His Body, Blood, Soul and Divinity in the form of bread and wine

### The Sorrowful Mysteries

- The Agony in the Garden: Jesus suffers fear and sorrow as He prepares for His death
- The Scourging at the Pillar: Soldiers strip Jesus of His clothing and whip Him
- The Crowning with Thorns: Jesus is mocked by the soldiers
- The Carrying of the Cross: Beaten and bleeding, Jesus carries His Cross to Calvary
- The Crucifixion: Jesus is nailed to the Cross and dies for our sins

### The Glorious Mysteries

- The Resurrection: Jesus rises from the dead
- The Ascension into Heaven: Jesus returns to Heaven
- The Descent of the Holy Spirit: The Holy Spirit comes down upon Mary and the Apostles
- The Assumption of Mary: Mary is raised into Heaven
- The Crowning of Mary: Mary is made Queen of Heaven and Earth

### Concluding prayers

After each set of mysteries, people say various concluding prayers. The most common are the below:

- Hail, Holy Queen (Salve Regina)
- St Michael the Archangel prayer
- The following short prayer:

Leader: *Let us pray.*

All: *O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the most holy rosary of the Blessed Virgin*

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*Mary, we may imitate what they contain and obtain what they promise, through this same Christ, Our Lord. Amen.*

### **Divine Mercy Chaplet**

You start the Divine Mercy Chaplet with the following:

- One Our Father
- One Hail, Mary
- The Apostles' Creed

Then, you say this prayer on the large bead on a rosary before the first decade:

Leader: *Eternal Father, I offer you the Body and Blood, Soul and Divinity, of your dearly beloved Son, our Lord Jesus Christ.*

All: *In atonement for our sins and those of the whole world.*

Next, you say this prayer on the 10 small beads following the large bead:

Leader: *For the sake of his sorrowful passion;*

All: *Have mercy on us and on the whole world.*

You continue these prayers on the remaining four decades of the rosary. Then, you say this closing prayer three times:

Leader: *Holy God, Holy Mighty One, Holy Immortal One,*

All: *Have mercy on us and on the whole world.*

**Prayer Song** (one of the songs on the Holy Heroes CD, *Songs of Faith and Joy*)

Dear Jesus, we pray for our Pope.

Oh, Mary, watch over our Pope.

Please strengthen and guide him, be always beside him.

Dear Jesus, we pray for our Pope.

Dear Jesus, we pray for all priests.

Oh, Mary, watch over all priests.

The priests who baptized me, the priests who now guide me.

Dear Jesus, we pray for all priests.

Dear Jesus, we pray for all nuns.

Oh, Mary, watch over all nuns.

The nuns who did teach me, whose prayers always reach me.

Dear Jesus, we pray for all nuns.

Dear Jesus, I pray for my dad.

Oh, Mary, watch over my dad.

Please keep his faith strong, may he always love Mom

Dear Jesus, I pray for my dad.

Dear Jesus, I pray for my mom.

Oh, Mary, watch over my mom.

I thank her for life, may she be a great wife.

Dear Jesus, I pray for my mom.

We pray now for all those we love,

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Pour graces on them from above.  
My sisters and brothers, my friends and all others,  
We pray now for all those we love.

We pray now for all of the weak,  
The babies who cannot yet speak.  
For the poor and the broken, keep hearts always open.  
We pray now for all of the weak.

Dear Jesus, we now also pray  
For those who don't know You're the way,  
And those who now choose to live lives far from you,  
Dear Jesus, we now also pray.

We thank you, dear Father above,  
For sending Your Son out of love.  
With God as our light, we shall conquer the night,  
We thank you, dear Father above.

And one more thing Jesus, I pray.  
Never let me from You go astray.  
Keep me safe in Your heart, so we never shall part,  
Help love to grow stronger each day.  
Dear Jesus for all this we pray.

**Jesus, Mary, Joseph** (also on the Holy Heroes CD, *Songs of Faith and Joy*)

Jesus, Mary, Joseph, I love you.

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Make my family holy in all we do.  
Jesus, Mary, Joseph, I love you.  
Make my family holy, just like you.

Jesus, You came down from heaven to be  
A little boy that grew in a family.  
Loving Good St. Joseph and Mother Mary,  
Loving and obeying with humility.

Jesus, Mary, Joseph, I love you.  
Make my family holy in all we do.  
Jesus, Mary, Joseph, I love you.  
Make my family holy, just like you.

Jesus, Mary, Joseph, I love you.



# The Prayers of the Mass

Reverently presented  
by kids for kids



**The Order of the Mass**  
.....  
According to the Third Edition  
of the Roman Missal





# The Prayers of the Mass

Reverently  
presented by the

## Holy Heroes® Adventure Guides



Virginia



Caroline



Clara



Lillian



Margaret



Trey



Anna



Therese

*Look for our Mass comments throughout this booklet.  
Now turn the page, and let's get going!*



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# The Prayers of the Mass

## INTRODUCTORY RITES

*Stand when the priest enters the church.*

*When the priest greets us, he will cross himself, so we cross ourselves, too.*

**Priest:** In the name of the Father, and of the Son,  
and of the Holy Spirit.

**All:** Amen.

*There are three options for the priest to greet us, and one for a bishop, but our response is always the same.*

**Priest:** The grace of our Lord Jesus Christ,  
and the love of God, and the communion of  
the Holy Spirit be with you all.

*Or:*

**Priest:** Grace to you and peace from God our Father  
and the Lord Jesus Christ.

*Or:*

**Priest:** The Lord be with you.

*Or:*

 **Bishop:** Peace be with you.

**All:** **And with your spirit.**

# The Prayers of the Mass

*There are three options for the Penitential Act. All of them begin the same way, so listen carefully so you know what you need to say.*



## PENITENTIAL ACT

*Priest:* Brethren, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

*Option A:*

*All:* I confess to almighty God and to you, my brothers and sisters, that I have **greatly** sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

*Gently strike your breast with your right fist.*

**through my fault, through my fault, through my most grievous fault; therefore,** I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

*Priest:* May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

*All:* Amen.

## Helping You Bring the Joy of the Faith to Your Family

*Priest:* Lord, have mercy.      *All:* Lord, have mercy.  
*Priest:* Christ, have mercy.      *All:* Christ, have mercy.  
*Priest:* Lord, have mercy.      *All:* Lord, have mercy.

### Option B:

*Priest:* Have mercy on us, O Lord.  
*All:* **For we have sinned against you.**  
*Priest:* **Show us, O Lord, your mercy.**  
*All:* And grant us your salvation.  
*Priest:* May almighty God...      *All:* Amen.  
*Priest:* Lord, have mercy.      *All:* Lord, have mercy.  
*Priest:* Christ, have mercy.      *All:* Christ, have mercy.  
*Priest:* Lord, have mercy.      *All:* Lord, have mercy.

### Option C:

*Priest:* You were sent to heal the contrite of heart:  
*Priest:* Lord, have mercy.      *All:* Lord, have mercy.  
*Priest:* You came to call sinners:  
*Priest:* Christ, have mercy.      *All:* Christ, have mercy.  
*Priest:* You are seated at the right hand of the Father  
to intercede for us:  
*Priest:* Lord, have mercy.      *All:* Lord, have mercy.  
*Priest:* May almighty God...      *All:* Amen.

### Here is the "Lord, Have Mercy," in Greek:

*Priest:* Kyrie, eleison.      *All:* Kyrie, eleison.  
*Priest:* Christe, eleison.      *All:* Christe, eleison.  
*Priest:* Kyrie, eleison.      *All:* Kyrie, eleison.

# The Prayers of the Mass

## GLORIA

Glory to God in the highest,  
**and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

Lord Jesus Christ, **Only Begotten Son,**  
Lord God, Lamb of God, **Son of the Father,**  
you take away the sins of the world,  
    have mercy on us;  
**you take away the sins of the world,  
    receive our prayer;**  
you are seated at the right hand of the Father,  
    **have mercy on us.**

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

**Priest:** Let us pray.

*Then, the priest says a prayer called the Collect. At the end we respond:*

**All:** Amen.

*(sit)*

## **LITURGY OF THE WORD**

*We turn our attention to the “ambo,” where people will read to us from the Bible. A reader will end the Readings with:*

**Reader:** The word of the Lord.

**All:** Thanks be to God.

*Next comes the Psalm. Pay attention, because the reader or cantor will first say what your response will be. You will repeat this response several times during the Psalm.*

*On Sundays or Holy Days of Obligation, a Second Reading will be read.*

*We stand for the Gospel Reading and say or sing “Alleluia” or another chant before the Gospel.*

*(stand)*

**Priest or Deacon:** The Lord be with you.

**All:** **And with your spirit.**

# The Prayers of the Mass

*As the Gospel Reading is announced, we trace the Sign of the Cross on our forehead, lips, and heart. Use the thumb of your right hand, top to bottom first, then left to right.*

*Priest or Deacon:* A reading from the holy Gospel according to \_\_\_\_\_.

*All:* Glory to you, **O** Lord.

*The priest or deacon ends the Gospel Reading by saying:*

*Priest or Deacon:* The Gospel of the Lord.

*All:* Praise to you, Lord Jesus Christ.

*(sit)*

*After the Gospel, a priest or deacon may give a homily.*

*(stand)*

## **NICENE CREED**

**I believe** in one God,  
the Father almighty,  
maker of heaven and earth,  
**of all things visible and invisible.**

**I believe** in one Lord Jesus Christ,  
**the Only Begotten Son** of God,  
**born of the Father before all ages.**  
God from God, Light from Light,  
true God from true God,



begotten, not made, **consubstantial with the Father**;  
through him all things were made.

For us men and for our salvation  
He came down from heaven,

*(bow)*

**and by the Holy Spirit was incarnate  
of the Virgin Mary**, and became man.

*(straighten up)*

For our sake he was crucified under Pontius Pilate,

**he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.**

He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory

to judge the living and the dead

and his kingdom will have no end.

**I believe** in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,

**who** with the Father and the Son is **adored** and  
glorified, **who** has spoken through the prophets.

**I believe** in one, holy, catholic, and apostolic Church.

**I confess** one Baptism for the forgiveness of sins

**and I look forward to** the resurrection of the dead  
and the life of the world to come. Amen.

# The Prayers of the Mass

*The Nicene Creed is followed by the Prayer of the Faithful. After every intention, the leader of the prayer will say:*

**Leader:** We pray to the Lord.  
**All:** Lord, hear our prayer.  
*(sit)*

## LITURGY OF THE EUCHARIST

**Priest:** Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.  
**All:** Blessed be God forever.

**Priest:** Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.  
**All:** Blessed be God forever.

*The priest washes his hands and then turns to us and says:*

**Priest:** Pray brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

*(stand)*

**All:** May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his **holy** Church.

*The priest says the Prayer over the Offerings, and we respond:*

**All:** Amen.

## **THE EUCHARISTIC PRAYER**

**Priest:** The Lord be with you.

**All:** **And with your spirit.**

**Priest:** Lift up your hearts.

**All:** We lift them up to the Lord.

**Priest:** Let us give thanks to the Lord our God.

**All:** **It is right and just.**

*The priest continues the Preface, and after he finishes the prayer, we join him in the "Holy, Holy, Holy."*

**All:** **Holy, Holy, Holy Lord God of hosts.**  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

# The Prayers of the Mass

*This is the Holy, Holy, Holy in Latin:*

**All:** Sanctus, Sanctus, Sanctus Dominus Deus Sabaoth  
Pleni sunt caeli et terra gloria tua.  
Hosanna in excelsis.  
Benedictus qui venit in nomine Domini.  
Hosanna in excelsis.

*(kneel)*

*The priest then prays and tells the story of the Last Supper – this is called the Consecration. While he prays, listen for these words, because Jesus is actually saying them to all of us through the voice of the priest.*

**Priest:** TAKE THIS, ALL OF YOU, AND EAT OF IT,  
**FOR THIS IS MY BODY,**  
WHICH WILL BE GIVEN UP FOR YOU.

*The priest will raise the Body of Christ to show it to us, then he will genuflect.*

**Priest:** TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
**FOR THIS IS THE CHALICE OF MY BLOOD,**  
THE BLOOD OF THE NEW AND ETERNAL  
COVENANT, WHICH WILL BE Poured OUT  
FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.

When he says, "This is My Body," and, "This is the Chalice of My Blood," the bread and wine truly become Jesus' body and blood!



*The priest will raise the chalice to show it to us, now filled with Jesus' Precious Blood, then he will genuflect before proclaiming:*

**Priest: The mystery of faith.**

*There are three options for our response, so listen to which one is begun, then join in:*

**All: We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*Or:*

**All: When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*Or:*

**All: Save us, Savior of the world,  
for by your Cross and Resurrection  
you have set us free.**

# The Prayers of the Mass

*The priest goes on to offer the sacrifice of Christ's Body and Blood to God and also to pray for the whole world. He concludes his prayer with:*

**Priest:** Through him,  
and with him,  
and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honor is yours,  
for ever and ever.

**All:** Amen.

## COMMUNION RITE

*(stand)*

**Priest:** At the Savior's command and formed by  
divine teaching, we dare to say:

**All:** Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

*Priest:* Deliver us, Lord, we pray,  
from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Savior,  
Jesus Christ.

*All:* For the kingdom, the power  
and the glory are yours  
now and for ever.

*Priest:* Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.

*All:* Amen.

*Priest:* The peace of the Lord be with you always.

*All:* **And with your spirit.**

# The Prayers of the Mass

*Then, the priest or deacon may say:*

**Priest or Deacon:** Let us offer each other  
the sign of peace.

*We exchange the Sign of Peace and say the Lamb of God.*

**All:** Lamb of God, you take away the sins of the  
world, have mercy on us.  
Lamb of God, you take away the sins of the  
world, have mercy on us.  
Lamb of God, you take away the sins of the  
world, grant us peace.

*This is the Lamb of God in Latin:*

**All:** Agnus Dei, qui tollis peccata mundi,  
miserere nobis.  
Agnus Dei, qui tollis peccata mundi,  
miserere nobis.  
Agnus Dei, qui tollis peccata mundi,  
dona nobis pacem.

*(kneel)*

**Priest:** Behold the Lamb of God, behold him who  
takes away the sins of the world.  
Blessed are those called  
to the supper of the Lamb.



**All: Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*Kneel quietly until it is your turn to rise to go up for Communion.*

*You should bow or genuflect right before you receive Communion to show reverence for Jesus, Who is about to come into you!*

*When you are presented the Host, the priest will say:*

**Priest: The Body of Christ.**

**You: Amen.**

*Go back to your pew and pray quietly while everyone receives Communion and the sacred vessels are removed from the altar.*

**Priest: Let us pray.**  
*(stand)*

*He says the Prayer after Communion and we respond:*

**All: Amen.**

*When you receive the Eucharist, Jesus is closer to you than He will ever be on earth, so it is the best time for you to pray. Don't be looking around at the other people receiving Communion. Talk to Jesus instead!*



# The Prayers of the Mass

## CONCLUDING RITES


*Priest:* The Lord be with you  
*All:* **And with your spirit.**


*Make the Sign of the Cross as the priest blesses you.*


*Priest:* May almighty God bless you,  
the Father, and the Son,  
and the Holy Spirit.


*All:* Amen.

*When a bishop celebrates the Mass, he will take the miter  
and bless you this way:*

 *Bishop:* The Lord be with you.  
*All:* And with your spirit.

 *Bishop:* Blessed be the name of the Lord.  
*All:* Now and for ever.

 *Bishop:* Our help is in the name of the Lord.  
*All:* Who made heaven and earth.

 *Bishop:* May almighty God bless you,  
the Father, and the Son,  
and the Holy Spirit.  
*All:* Amen.

*Then, a priest or deacon has four options to dismiss you:*

**Priest:** Go forth, the Mass is ended.

**All:** Thanks be to God.

*Or:*

**Priest:** Go and announce the Gospel  
of the Lord.

**All:** Thanks be to God.

*Or:*

**Priest:** Go in peace, glorifying the Lord  
by your life.

**All:** Thanks be to God.

*Or:*

**Priest:** Go in peace.

**All:** Thanks be to God.

*Remember, Mass doesn't end until the priest leaves the church, so don't leave until the priest does!*

*We should leave Mass ready to put our Catholic Faith into action and glorify God by our lives!*



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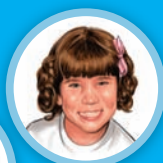
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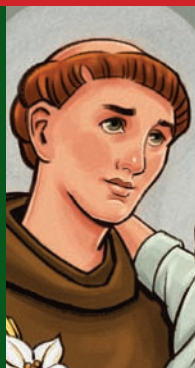
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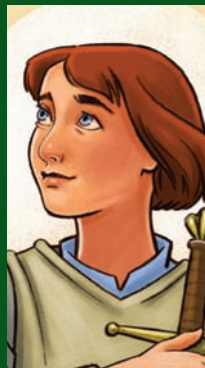
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